

The Dorcan Academy

Our Values in Action

	Be Kind	Show Respect	Do your Best
<p>Compassion Showing kindness, empathy and sensitivity towards others</p>	<ul style="list-style-type: none"> • Include others, especially new students, in lessons, breaks and meals • Make others feel valued and appreciated • Notice when others are upset and take action to help them • Try putting yourself in someone else's position and see how you feel 	<ul style="list-style-type: none"> • Learn about those different from yourself by asking about their life eg culture, race, sexual orientation and do not judge • Respect the vulnerability of others and be sensitive to needs eg in lunch queues, on a bus • Never use derogatory language about others – you do not know the full story • Queue with respect for others by not pushing in 	<ul style="list-style-type: none"> • Be a supportive member of your tutor / house / class team, and celebrate the achievement of others too • Aim to be the best, but be generous in your victory and successes
<p>Courage Having an inner strength, self-belief and confidence to do what is right</p>	<ul style="list-style-type: none"> • Shun unkindness to others and report to staff, as well as showing kindness • Encourage others to have a go and not to fear failure • Do not join in with those who ridicule others • Do not make assumptions or show prejudice to others 	<ul style="list-style-type: none"> • Express a difference of opinion in a respectful way • Respect those who are different to you and make an effort to find out about them • Strive to fulfil your potential in spite of what others say or think 	<ul style="list-style-type: none"> • Aspire to be the very best version of you • Revise for tests and exams even if others do not • Step up and volunteer out of your comfort zone by speaking in public or answering difficult questions • Put yourself forward for leadership positions • Stand up for what you believe • Challenge others respectfully eg ABCQ

<p>Generosity A willingness to 'go the extra mile' and to give without counting the cost</p>	<ul style="list-style-type: none"> • Share both things and your time with others • Include others in your group, even if they're not your best friend • Offer to help someone who needs your time eg a teacher, a new student 	<ul style="list-style-type: none"> • Respect school grounds by picking up litter • Leave rooms as you find them or maybe even tidier • Use water bottles and make them last • Hold doors open for those behind us 	<ul style="list-style-type: none"> • Consider leadership roles to support the school • Take part in extra-curricular activities in and out of school • Help at school events • Take part in fund-raising and charity events, giving your time and some money if you can
<p>Gratitude Being thankful and appreciative for what we have</p>	<ul style="list-style-type: none"> • Say thank you often – to teachers, kitchen staff, those who hold a door open, to anyone who helps you. • Don't be jealous of others – be glad for what you DO have 	<ul style="list-style-type: none"> • Say please and thank you with sincerity • Show respect for your environment both at school and home • Clear your own mess and don't expect others to do it for you 	<ul style="list-style-type: none"> • Show gratitude to teachers by focusing in lessons and learning what they prepared for you • Be grateful that you have been set home learning in order to help your progress, and complete it when set
<p>Honesty Telling the truth at all times and acting out an honest life</p>	<ul style="list-style-type: none"> • Think before you speak and act and only say true and helpful things • Agree to disagree with a mature and kind attitude • Report acts of unkindness to a member of staff 	<ul style="list-style-type: none"> • Show respect in tone, words and actions • Take time to listen – you are not always right and others have opinions too 	<ul style="list-style-type: none"> • Be honest about your abilities and set realistic but challenging goals • Know your strengths and accept your weakness to make a realistic plan • Ask for and accept help in lessons • Ask yourself if you're REALLY doing your best
<p>Integrity Acting out Dorcan values even when no one is looking</p>	<ul style="list-style-type: none"> • Treat others as we like to be treated • Forgive other people when they get it wrong • Focus on positives in others • Think of how your actions affect others 	<ul style="list-style-type: none"> • Admit to others when you know you're wrong • Do not swear or use foul language in any situation • Behave respectfully to everyone, no matter their role • Don't drop litter and pick up litter you see around school 	<ul style="list-style-type: none"> • Do your own home learning, to the best of your ability • Ask for help rather than getting someone else to do your work • If you complete work, ask for more!

		<ul style="list-style-type: none"> Wear uniform proudly showing respect to The Dorcan Academy, and model our values in and out of school 	
<p>Personal Responsibility Being accountable for your actions and making wise choices</p>	<ul style="list-style-type: none"> Accept and admit when you are wrong Apologise politely when you are late, miss a deadline etc and graciously accept consequences without arguing Help others without seeking repayment 	<ul style="list-style-type: none"> Line up quietly to help teachers get lessons started promptly and calmly Arrive on time with everything needed for each lesson Complete home learning which has been set for a reason, and don't waste teachers' time When alarms ring, respect the need to walk quickly and in silence 	<ul style="list-style-type: none"> Use opportunities to do extra courses and activities to better yourself Work towards the Character Awards Be ready to learn within 3 minutes with all equipment out Catch up on missed work by emailing or asking your teacher Reflect on mistakes and vow to improve
<p>Resilience Bouncing back from setbacks and showing Growth Mindset</p>	<ul style="list-style-type: none"> Be kind to yourself by persevering when you can't do it 'yet'. Be kind, encouraging and supportive to those who are struggling Never laugh at others' mistakes See that 'failure' is a huge part of the learning process 	<ul style="list-style-type: none"> Set up for success by respecting yourself Respect your mind by being positive and your body by eating healthily, getting good sleep and exercising. Applaud and praise others who have shown resilience 	<ul style="list-style-type: none"> Step out of your comfort zone and try new things Attend school even if you're not feeling 100% Use teacher feedback to improve your work See each day as a chance to learn something new
<p>Self-Discipline Always showing drive, determination, self-control and commitment</p>	<ul style="list-style-type: none"> Say only kind, true and helpful things Don't follow or copy others' unkind behaviour Appreciate your teachers' efforts and match it in your own work 	<ul style="list-style-type: none"> Respect others' space, with no unwanted physical contact Be respectful to teachers and cover teachers in your language, actions and work ethic Respect your own future by aiming high and having goals 	<ul style="list-style-type: none"> Plan ahead to meet all deadlines Commit fully to extra-curricular activities 'Dig Deeper' to extend learning above and beyond 100% attendance and punctuality is your target