

World KITCHEN.

Autumn winter

2022/2023

5/9, 26/9, 17/10, 7/11, 28/11, 19/12, 9/1 30/1

Aspens



WEEK ONE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**TRADITIONAL
DISH**

Beef Bolognese
With Wholegrain
Penne Pasta, Garlic
Bread & Green
Salad

Cowboy Pie
Mash Topped
Sausage & Bean Pie
With Carrots

**Roast Chicken &
Sage Onion Stuffing**
Roasties,
Fresh Vegetables
And Gravy

**Mild Chili Beef &
Cheese Homemade
Nachos**
Oven baked Potato
Wedges & Sweetcorn

**Golden Fish
Fingers**
Chips And
Garden Peas Or
Beans

**VEGGIE
DISH**



Veggie Bolognese
With Wholegrain
Penne Pasta, Garlic
Bread & Green
Salad

**Veggie
Cowboy Pie**
Mash Topped
Veggie Sausage &
Bean Pie
With Carrots

**Cheese, Veg &
Spinach Puff Pastry
Roll**
Roasties,
Fresh Vegetables
and Gravy

**Cheese & Veggie
Homemade Nachos**
Oven baked Potato
Wedges & Sweetcorn

**Baked Beans &
Vegetable Fingers**
Chips

Our Hot Deli Range includes fresh dough pizzas, pasta & noodle pots, filled jacket spuds & paninis hot chicken wraps, loaded wedges. We rotate our range throughout the week.

Hot DELI.

**DELICIOUS
DESSERTS**

**Toffee Apple
Slices Topped
with Ice Cream**

**Crispy Chocolate
Cornflake Cakes**

**Golden Syrup
Sponge**

**Pineapple Upside
Down Cake**

**Chewy
Flapjack**

World KITCHEN.

Autumn Winter 2022/2023
13/9, 3/10, 24/10, 14/11, 5/12, 26/12, 16/1, 6/2

Aspens



WEEK TWO

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**TRADITIONAL
DISH**

Meat Free Monday

Choose Either Our
Tasty Margherita
Pizza Or Our Veggie
Supreme
Served With Pasta
Salad & Mixed
Crudites

**VEGGIE
DISH**



Classic Beef Burger

In A Bun With Oven
Baked Potato
Wedges & Garden
Peas

Roast Gammon Joint

Roasties,
Fresh Vegetables
and Gravy

Chicken Tikka Masala

Served with
Wholegrain Rice
Turmeric Carrots &
Peas

Fish Cake

With Chips, Beans
Or peas

Super Veggie Burger

In A Bun With Oven
Baked Potato
Wedges & Garden
Peas

Veggie Sausage & Root Veg Traybake

Roasties,
Fresh Vegetables
and Gravy

Creamy Veggie Korma

Served with
Wholegrain Rice
Turmeric Carrots &
Peas

Baked Beans & Vegetable Fingers

Chips

Hot DELI.

**DELICIOUS
DESSERTS**

Our Hot Deli Range includes fresh dough pizzas, pasta & noodle pots, filled jacket spuds & paninis hot chicken wraps, loaded wedges. We rotate our range throughout the week.

**Jelly & Fruit
Slices**

**Marble Sponge
Cake**

**Chocolate
Brownie**

**Apple Sponge
Cake**

**Crunchy Vanilla
Cookie**

World KITCHEN.

Autumn/Winter 2022/2023
19/9, 10/10, 31/10, 21/11, 12/12, 2/1, 23/1, 13/2

Aspens



WEEK THREE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

TRADITIONAL DISH

**Cheese & Tomato
Pizza Melt Baguette**
With Wholegrain
Pasta & Sweetcorn
Salad

Toad In The Hole
With Creamy Mash,
green Beans &
Gravy

**Roast Chicken &
Sage And Onion
Stuffing**
Roasties,
Fresh Vegetables
and Gravy

**Homemade
Chicken Nuggets**
With Oven Baked
Wedges & Broccoli

Battered Fish
Chips and Peas Or
Beans

VEGGIE DISH



**Tomato &
Mozzarella Gnocchi
Traybake**
With Wholegrain
Pasta & Sweetcorn
Salad

**Quorn Toad In The
Hole**
With Creamy Mash,
Green Beans &
Gravy

Quorn Roast
Roasties,
Fresh Vegetables &
Gravy

**Crunchy Topped
Macaroni Cheese**
With Oven Baked
Wedges & Broccoli

**Baked Beans &
Vegetable
Fingers**
Chips

Hot • DELI •

Our Hot Deli Range includes fresh dough pizzas, pasta & noodle pots, filled jacket spuds & paninis hot chicken wraps, loaded wedges. We rotate our range throughout the week.

DELICIOUS DESSERTS

**Sticky Banana
Pudding**

**Chocolate Oat
Cake**

**Vanilla Sprinkle
Sponge**

Apple Crumble

Shortbread